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## November 3-5, 2017: Healing of Memories Workshop for Veterans and First Responders

Free to all Veterans and retired 1<sup>st</sup> Responders. Active duty 1<sup>st</sup> Responders have minimal fees. Begins with Dinner at 6pm on Nov 3, ends at 2:30 on Nov. 5. Lodging and all meals included.

The workshop developed by the Institute for Healing of Memories, is a response to the emotional, psychological, spiritual and moral wounds inflicted by war, human rights abuses and other traumatic circumstances. It provides a safe place for participants to explore personal histories and gain insight and empathy for themselves and others.



### Workshop Goals

Participation provides a safe experiential and interactive way to overcome anger, loss grief and guilt and can be one step on the journey to healing and wholeness. It contributes not only to personal healing, but also to the healing of interpersonal relationships. Individuals have time to share their experiences in small facilitated groups with an emphasis on safety, respect and confidentiality. There will be time for quiet personal reflection & integration. The workshop concludes with group shared experiences, common themes and lessons learned. The first step has been taken on the rest of the journey and it is now time to look to the future!

### [More about what to expect](#)

*“We are all in need of healing, because of what we have done, what has been done to us, and what we failed to do. This is true of individuals, communities and nations.”*

*-Fr. Michael Lapsley, Founder*

### Trained Lead Facilitator:

### Guest Comments

*My wife and I were guests at Spirit along with our family reunion. We want to express our compliments to the facility and our gratitude to the staff who were wonderful. All could not have been more pleasant, friendly, fun and at time, peaceful! It was the very best family Christmas ever.*

*I am so very appreciative of every thing that was done by the staff at Spirit to make our workshop session the best it could be. It was so apparent that “small miracles” were happening as the morning unfolded and, once again, I’m reminded that we are here to work God’s plan and not our own agenda. For all that Spirit did to make those miracles happen, I am grateful!*

**Margaret Fell** has worked with Fr. Michael Lapsley and the Institute for Healing of Memories since 2007. She was one of the founding members of a working group of the Minnesota's Warrior to Citizen Campaign which has offered the Healing of Memories workshops for veterans since 2009. She served as Chair of the Institute for Healing of Memories-North America from 2011- 2014 and has been a Healing of Memories workshop facilitator since 2011. Margaret is an Episcopal priest. She holds a BA degree from the University of Minnesota and a Master of Divinity degree from United Theological Seminary/Seabury Western Theological Seminary. The focus of her ministry is working with Healing of Memories for Veterans workshops.



*To all the Spirit Staff...front desk, housekeeping, kitchen, yard, program planning—however you define your role, you are all truly God's servants in your ministry to all visitors...The Spirit of our God roams these buildings and landscape—you are blessed to work here and we are blessed when we come.*

## Registration:

The workshop begins with dinner on April 3 at 6pm, and ends at 2:30pm on April 5. There is NO cost for veterans & retired 1st responders. Generous underwriters have made this healing workshop possible for all veterans. Please note that this is for veterans and 1st responders only, not their spouses, children, or friends. All information is kept securely confidential.

Cost for Active First Responders (please let us know if a scholarship is needed):

Shared Room – \$195 per person

Private Room – \$245 per person

*Includes:* two nights lodging, and program and all materials, all meals starting with 6pm dinner on Fri, Nov. 4, through Lunch on Sun, Nov. 6, with program ending at 2:00pm.

To register, please contact Cyndy Warnier at [\(480\) 488-5218](tel:4804885218) – [cyndy@spiritinthedesert.org](mailto:cyndy@spiritinthedesert.org) or Michael Wold, IHOM Program Director at [\(651\) 687-9767](tel:6516879767) — [michael\\_w\\_wold@msn.com](mailto:michael_w_wold@msn.com)

Space is limited to 20 participants so don't wait!

## Sign up for online updates

Sign up for online updates

## Follow Us!



## Contact

P.O. Box 3254  
7415 E. Elbow Bend  
Carefree, AZ 85377  
480.488.5218  
[info@spiritinthedesert.org](mailto:info@spiritinthedesert.org)  
Directions

Join us every Wednesday afternoon at 3:00 p.m. for Contemplative Worship, Touchpoints Message and Eucharist. All are welcome!

## Read Daily Devotions



This year, Steve Holm, a retired pastor living in Tempe, will be providing daily meditations for Spirit's website.

Steve served at Desert Cross Lutheran Church for 22 years. In the past he has provided meditations for Advent and Lenten illustrated devotional booklets. Now, we're thankful that he's providing

these short devotions for visitors to the website.

Also, Steve is leading a trip to Israel and Palestine in February/March 2018 and has a couple of open spots on the tour. If you are interested, take a look at the tour brochure. If you have questions Steve directly at [sholm90@gmail.com](mailto:sholm90@gmail.com).

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